



Polo Retreats

IN
ARGENTINA

#weareharringtonblue

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2024/25 PACKAGES



POLO RETREATS FOR ENTHUSIASTS

Harrington Blue & Partners and Don Huberto Polo Club have joined forces to create an inviting and exclusive series of polo retreats for amateurs and enthusiasts.

The retreats are designed for a demanding clientele that wants to enjoy the excitement of playing polo while immersing into the culture and ambiance of the sport played by professionals.

The sessions are taught by professional polo players and adapted to all needs and levels with dedicated attention to the natural progression in the sport while having a very enjoyable time.

The sessions are tailored to individuals, couples and/or groups.

Players will have the option of bringing and stabling their own horses if desired.

Players are the centre of our immersive experience:

- Weekly programmes for all levels..
- Recognized certification at the end of each module.
- Scalable programme depending on expertise and progress.

- Women teams/individual players
- Couples' polo
- Corporate retreats
- Corporate teams
- No prior experience required





REGISTRATION FORM

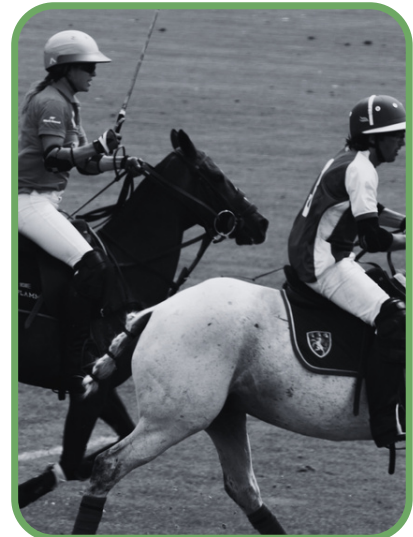
FULL NAME

GENDER

Male Female

AGE

DATE OF BIRTH

 / / 

DATES 2024/2025

OF PLAYERS

CITY

COUNTRY

PHONE

EMAIL ADDRESS

I,[Your Full Name], hereby declare that all the information provided in this registration form is true and accurate to the best of my knowledge. I understand that participating in physical exercise and fitness activities carries inherent risks, and I voluntarily assume all such risks. I acknowledge that the gym fitness center and its staff are not responsible for any injuries or accidents that may occur during my membership.

Bookings by money transfer
TSB Bank
sort code: 77-72-61
account 00041544

Signature: _____

Date: / /

THANK YOU



Level 1: Fundamentals of Polo
Duration: 5 days

DON HUBERTO POLO CLUB - PROGRAMME

Objective: To immerse international students in the rich tradition of Argentine polo, establishing a robust foundation in riding, mallet techniques, and the rules and etiquette that govern this revered sport.

Day 1: Immersion in Argentine Polo Culture

Introduction to Polo: Delve into polo's rich history, its profound significance in Argentina, and its global allure.

Polo Equipment: Familiarize students with essential polo gear - mallets, balls, saddles, and helmets, emphasizing Argentine craftsmanship.

Horsemanship: Introduction to the Argentine way of horse care, grooming essentials, and the art of mounting and dismounting.

Basics of Riding: Grasp the fundamental posture and initial riding techniques indispensable to polo.

Day 2: Mastering the Basics

Polo Riding Techniques: Develop foundational polo-specific riding skills, emphasizing one-hand horse control, stopping, and precision turning.

Mallet Mastery: Initiation into the art of mallet holding and the Argentine style of swinging techniques.

Ball Dynamics: Ground exercises focusing on ball striking and building accuracy.

Day 3: Rules, Etiquette, and Gameplay Structure

Polo Rules and Etiquette: Understand the spirit and letter of polo rules, covering fouls, penalties, and the essence of fair play.

Integrated Drills: Meld riding prowess with mallet technique, honing the ability to guide the ball in motion.





Level 1: Fundamentals of Polo
Duration: 5 days

- Decoding Chukkers: Introduction to the structure of a polo match, emphasizing the significance of chukkers and their rhythm.

Day 4: Simulation and Strategy

- Chukker Experience: Engage in a simulated mini-chukker, allowing students to internalize the flow and fervor of a real polo match.
- Defensive Fundamentals: Introduction to key defensive stances, positioning, and strategies vital to polo.
- Team Dynamics: A deep dive into the essence of teamwork on the polo field, emphasizing clear communication and strategic collaboration.

Day 5: Integration and Reflection

- Culmination Chukker: Organize a spirited polo match, enabling students to showcase and integrate their acquired skills.
- Reflective Feedback: A one-on-one session to assess each student's journey, offering insights and recommendations.

Graduation: Award certificates to students who have triumphed over Level 1's challenges.





Level 2: Argentine Intermediate Polo Skills

Duration: 5 days

Objective: To immerse students deeper into the world of polo, refining advanced riding techniques, ingraining Argentine polo strategies, and setting the stage for competitive gameplay.

Day 1: Mastery in Movement

- **Argentine Riding Techniques:** Harness advanced riding nuances, from the art of riding offside to mastering neck reining and the dynamics of riding at full throttle.
- **Long-Range Precision:** Delve deep into hitting the ball with accuracy over extended distances, a hallmark of Argentine polo.
- **Art of Ride-offs:** Immerse in the Argentine approach to ride-offs, perfecting maneuvers to outwit opponents and command ball possession.

Day 2: Strategy and Defense

- **Polo Game Plan:** Decode the roles and responsibilities of various positions, integrating them into cohesive team strategies inspired by Argentine maestros.
- **Defensive Mastery:** Sharpen defensive riding techniques, exploring the finesse of hooking, bumping, and more.
- **Stick and Ball Session:** Engage in individualized stick and ball drills, emphasizing control and precision akin to Argentine greats.

Day 3: Coordination and Understanding the Field

- **Team Synergy Drills:** Engage in mounted exercises designed to amplify team coordination and on-field communication, inspired by Argentine team dynamics.





Level 2: Argentine Intermediate Polo Skills

Duration: 5 days

- Strategic Chukkers: Dive into chukkers, with a spotlight on the strategies and techniques that make Argentine polo iconic.
- Handicap Essentials: Introduce the intricacies of polo handicaps, with insights into its significance and impact on match dynamics.

- **Day 4: Tactical Insights**

- Advanced Stick and Ball: Indulge in intensive practice sessions to refine skills, echoing the rigorous training regimes of Argentine professionals.
- Scenario Strategy: Analyze real-life gameplay situations, brainstorming and applying diverse strategies to navigate challenges.
- Tournament 101: Explore the diverse formats and regulations governing polo tournaments, with anecdotes from Argentine polo championships.

- **Day 5: Experience and Reflection**

- Tournament Immersion: Curate a mini-tournament, allowing students to apply (if applicable) and experience the competitive spirit of polo.
- Constructive Review: Engage in a detailed feedback session, evaluating each student's progression, backed by insights from Argentine polo benchmarks.

Graduation Ceremony: Award certificates to students who have completed Level 2.





Level 3: Advanced Polo Tactics

Duration: 5 days

Objective: Dive deep into the pinnacle of polo techniques, cultivate Argentine team synergy, and gear students for elite competitive challenges.

Day 1: Mastery in Advanced Riding

- **Argentine Riding Excellence:** Conquer intricate riding maneuvers like the neck shots and mastering offside plays at exhilarating speeds, reminiscent of Argentine polo legends.
- **Elite Drills Session:** Engage in demanding drills, crafted to boost precision and ball control, even when under immense pressure.
- **Art of Team Talk:** Elevate on-field dialogue and synchronization among team members, drawing inspiration from Argentina's finest polo squads.

Day 2: Tactical Superiority

- **Deep Dive into Tactics:** Examine and strategize against a diverse range of opponents, incorporating insights from historic Argentine matches and playing conditions.
- **Role-Defined Excellence:** Delve into drills tailored for specific positions, ensuring students excel in their designated roles on the field.
- **Handicap Mastery:** Demystify the nuanced world of high-goal polo handicaps, understanding the complexities through an Argentine lens.

Day 3: Tournament Readiness

- **Championship Preparedness:** Gear up, both mentally and physically, for high-stake tournaments, emulating the prep routines of Argentine champions.





Level 3: Advanced Polo Tactics

Duration: 5 days

- **Intensive Stick and Ball Mastery:** Indulge in rigorous practice sessions to sharpen reflexes and striking accuracy.
- **Athlete's Wellbeing:** Engage in a holistic discussion on optimal fitness regimes and nutrition plans tailored for polo players, inspired by Argentine polo athletes.

Day 4: The Psychological Edge

- **Chukkers at Peak Level:** Play chukkers of the highest standard, applying the tactics and strategies honed over the course.
- **Unified Defense:** Emphasize a harmonized team defense, drawing strategies to counteract formidable opponents, much like Argentina's iconic defensive plays.
- **Mind Over Game:** Dive into mental conditioning exercises, focusing on resilience and concentration during high-tension matches.

Day 5: Grand Finale

- **Elite Tournament Showcase:** Curate a high-stake tournament simulation, offering students a taste of top-tier competitive polo.
- **Reflective Evaluation:** Conduct an in-depth review of each student's journey, juxtaposing their progress against the benchmarks set by Argentine polo maestros.

Graduation Gala: Celebrate the completion with a grand ceremony, bestowing students with certificates that resonate with the prestige of Argentine polo.

